## 36th Annual Palm Springs Tram Road Challenge 6K Run/Walk Confirmation October 21, 2023 PLEASE READ! IMPORTANT INFORMATION!

Dear Participant,

Thank you for your entry into the 36th Annual Palm Springs Aerial Tram Road Challenge 6K. We appreciate your support of the event.

**6:30am Walker Start -** We will be offering a 6:30am walker start for those who need the extra time to get up the hill. This start time is for <u>participants who plan</u> to walk only or anyone who will take longer than 1 1/2 hours to finish the 6K. If you start at 6:30, you will not be eligible for overall awards or awards in your age group, so please take this into consideration before starting at 6:30am. If you are a runner you must start at 7:00am.

The Run/Walk starts at 7:00am sharp, please arrive early!! Remember that you need to get from the parking lot to the start line and get through security. There is still time for your family or friends to register for this fun event. Click here to register thru Friday, October 20th.

**Changing Your Category –** If you want to switch from the walk to the run or the run to the walk, no problem. When you pick up your packet (see below), talk to the Time Management representative. They will switch you over.

Packet Pick Up & Registration - There will be t-shirt and packet pick up on Friday, October 20th, from 1:00pm-5:00pm at the Palm Springs Visitor Information Center, 2901 N. Palm Canyon Drive. Note: There is no packet pickup at Running Wild. Please follow the signs for parking and packet pickup; do not park in the Palm Springs Visitor Information Center parking lot. Packets can also be picked up on race morning starting at 5:15am at the bottom of the Tram Road. There will be a late registration desk on race morning for those who haven't signed up. Participants picking up their packet race morning will receive their race number at the bottom and will get their t-shirt upon finishing at the top. If you can pick up your packet on Friday that would be best. ALL PARTICIPANTS MUST PICK UP THEIR OWN RACE PACKET AND SIGN THE WAIVER. YOU MAY NOT PICK UP SOMEONE ELSE'S PACKET. No Exceptions!! **Chip Timing -** Your Timing Device for this event is a disposable timing chip which is affixed to the back of your bib number. To receive an accurate time, please make sure your bib is clearly visible on the front of the torso, unaltered and unmodified (do not fold or wrinkle), pinned in all four corners, and not covered by jackets, runner belts, water bottles, etc. Pins will be included with your bib. Time Management will be timing this event.

**Directions to Race Start for Dropoff/Pickup Only -** To get to the race start from I-10 east, take the Hwy 111 exit into Palm Springs. Drive approximately 9.7 miles to the Palm Springs Visitor Center, 2901 N. Palm Canyon Drive. From I-10 west take Palm Drive exit and go left to Vista Chino and turn right to Palm Canyon Dr and go right to the Palm Springs Visitor Information Center (address above).

**Participant Parking** - Parking is available in either the Carl's Jr. and Del Taco parking lots on the corner of N. Palm Canyon Drive and Racquet Club Dr. This is about 1/4 mile south of the Tram Road Challenge start area and we suggest walking or running to the start as a warm-up. However, buses will be shuttling participants and spectators from the Carl's Jr lot to the start area from 5:30am to 7:00am. No participant or spectator parking will be allowed at the top of Tram Way. No exceptions! Everyone will park at the Carl's Jr / Del Taco parking lots and walk/run or take the shuttle busses to the start line. We will have a couple of spectator buses that will leave from the start line at 6:00am for the top.

**Palm Springs Aerial Tram -** If this is your first visit to the PS Tram, we encourage you either the day before, or after the event, to take a ride up this magnificent tram car through beautiful Chino Canyon into the San Jacinto Mountains. Mt. San Jacinto State Park awaits you at an elevation of 8,500 feet. There are miles and miles of beautiful hiking and running trails. A \$3.00 discount coupon will be distributed at the event. Get more information and reserve tickets at http://www.pstramway.com

**Tram Road Course** - The Tram Road Challenge is just that, A CHALLENGE!! Starting at the bottom of the road by the gate, you will climb over 2000 feet in elevation in just 3.7 miles. Here's a tip: start out easy as the bottom is the most gradual part and know that the steepest part is at the top. The climb averages a 12% grade, but from mile 3 to the finish is at a 16% grade. **Water Stations** - There will be three water stations, one at each mile along the course, and water, and food at the finish line. There will also be a large water bowl at each water station for those of you walking with your dog.

**Gear Check** - It can be quite cool at the finish area, so you can drop your warmup clothes in the truck parked in front of the start line and marked as Gear Check. They will be taken to the finish area and can be picked up near the Athlete Food tent in our secure Gear Check area. Please bring your own bag marked with your name and bib number for easy identification when you finish.

Shuttles Down the Road - For the runners and walkers, shuttle buses will be provided at the top and will be available starting at approximately 8:30am to take you back down to either the race start or the parking lot at Carl's Jr./ Del Taco. If you are planning on running back down the hill to your car at the parking area, you must use the paved runner's path on the right side of the road. Please do not run on the road itself as we will have buses coming up and down constantly.

**Food and Refreshments** – After you cross the finish line, head over to athlete food for some refreshments to put some of those calories back in your body. We will have snacks (including fruit and cookies) as well as hydration mix and water.

**Expo and Awards Ceremony at Finish Line** - We will have exhibitor and sponsor booths giving out samples and information after you finish the race. The expo will be in the upper parking lot past the finish line. Our awards ceremony will take place on the stage in the upper parking lot as well. Awards will be given to the top three in each age category male, female, and non-binary. PLEASE NOTE AWARDS MUST BE PICKED UP AS WE CANNOT MAIL THEM OUT. IF YOU HAVE TO LEAVE EARLY, PLEASE HAVE SOMEONE PICK IT UP FOR YOU.

**Finisher Medals -** All finishers will receive a beautiful custom Tram Road Challenge finisher medal, presented by the **Palm Springs Aerial Tram.** 

**Volunteers** – We can't put on a race of this size without our amazing volunteers. If you have friends or family who don't want to race but want to help, we'd love to have them! Have them email <u>info@southland-events.com</u> to sign up for a volunteer shift. Volunteers will get \$20 off registration to the 2023 Palm Desert <sup>1</sup>/<sub>2</sub> Marathon & 5K, a snazzy Volunteer t-shirt, snacks and drinks, and the feeling they've helped a bunch of awesome athletes! Student and civic groups of 10 or more who volunteer will receive a donation based on the number of volunteers they bring.

**Costumes** – It's almost Halloween, so we want to encourage everyone to dress up in their favorite costumes. We'll be awarding Palm Springs Aerial Tram tickets to our favorite costumes during our awards ceremony.

**Updated Information** – While we will continue sending out email information leading up to the race, we ask that you also like our <u>Facebook page</u> and follow us on <u>Instagram</u> for updates.

If you have any pre-race questions, email us at info@southland-events.com.

Thanks again for registering, and we'll see you on the 21st!

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